



KA2 ERASMUS+ PROJECT “AMAZING RACE”

1st MOBILITY – 23rd October 2018 – 30th October 2018

PRVA GIMNAZIJA VARAZDIN, CROATIA



| TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY | MONDAY | TUESDAY |
|----------------------------|---|--|--|---|--|--|----------------------------|
| <i>Arrival of guests</i> | <i>Morning</i> | <i>Morning</i> | <i>Morning</i> | <i>Full-day trip to Zagreb</i> | <i>Morning</i> | <i>Morning</i> | <i>Departure of guests</i> |
| Reception | 8:00 arrival to the school | 8:00 arrival to the school | 8:00 arrival to the school | 8:00 bus departs to Zagreb | 8:15 arrival to the school | 09:00 meeting in school | |
| Accommodation arrangements | 8:15 – 10:00 Reception speech Presentation of the school and school tour by students | 8:15 a walk to the sports hall and preparations for yoga | 8:30 – 9:30 County hall - reception | 09:30 – 11:30 A walk by the Jarun lake – morning exercise | 8:30 bus to Trakošćan | 09:15 – 11:15 Evaluation by students | |
| | 10 – 10:30 Snack | 9:00 – 10:30 Yoga and breathing exercises | 10:00 – 10:30 Snack | 11:30 – 12:15 Panoramic tour of the city | 10:00 – 12:00 Amazing Race challenge around the Trakošćan lake | 09:15 – 11:15 Work meeting and evaluation – teachers | |
| | 10:30 – 11:30 Presentations of partner countries | 11:00 – 11:30 Snack | 10:30 – 12:00 Healthy food workshop | 12:30 – 14:00 free time for lunch | 12:00 – 12:30 free time , break | 11:15 – 11:30 Snack | |
| | 11:30 – 12:00 Exhibition preparation | 11:30 – 12:30 Lecture on Cenacolo delivered by students | 12:30 – 13:30 Lunch in school restaurant | 14:30 – 16:00 A walking tour of the Upper Town | 12:45 bus to OPG Martinčević (family farm) | 11:30 – 12:30 Presentations of students' work – evaluation | |
| | | | <i>Afternoon</i> | | | 13:00 – 14:00 | |
| | | | 13:30 | | | | |

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| | <p>12:00 – 13:00 Photos exhibition</p> <p>5 Minute Science – Antioxidant Super Foods (experiment)</p> <p>13:00 – 14:00 Lunch in school restaurant</p> <p><i>Afternoon</i></p> <p>14:15 – 15:45 Workshop „What is mental health“</p> <p>16:00 – 17:30 Treasure hunt organized by students</p> <p>18:00 Ceremonial dinner & international cultural evening at the school</p> | <p>13:00 – 14:00 Lunch in school restaurant</p> <p><i>Afternoon</i></p> <p>14:30 – 16:00 Workshops: „How to improve mental health of Cenacolo residents “</p> <p>16:00 – 17:00 Presentation of workshops</p> <p>17:00 free time Dinner with host families</p> | <p>Bus departs to Cenacolo</p> <p>13:45 – 16:30 Cenacolo – workshop activities and volunteering</p> <p>17:00 free time</p> <p>Dinner with host families</p> | <p>16:00 – 17:30 Free time</p> <p>17:30 bus to Varaždin</p> <p>19:00 Return to Varaždin</p> <p>Dinner with host families</p> | <p>13:30 lunch and sightseeing of OPG</p> <p>16:00 Bus to Varaždin</p> <p><i>Afternoon</i></p> <p>From 16:30 free time with families</p> <p>Dinner with host families</p> | <p>Lunch in school restaurant</p> <p>14:30 – 15:30 Final ceremony – certificates, speeches Free time</p> <p>18:00 parents, students, teachers socializing</p> | |
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